

# filcolana

OBSESSED WITH QUALITY YARN SINCE 1952



Design: Nanna Gudmand-Høyer  
English translation: June Thomsen

## Audrey

2nd edition - January 2024 © filcolana  
#FilcolanaAudrey

**Audrey is originally designed to be worn over tights to and from Pilates or yoga but is also extremely useful for a pit stop at a café - or to snuggle up in when you sit in the corner of the sofa after a long day.**

### SIZES

S (M) L (XL)

### MEASUREMENTS

Fits chest sizes: 90 (98) 106 (116) cm

Chest: 123 (134) 146 (157) cm

Lower width: 109 (120) 131 (143) cm

Sleeve length: 37 (35) 33 (31) cm

Length: 46 (47) 48 (49) cm

### GAUGE

14 sts and 23 rows in stockinette on 6 mm needles  
= 10 x 10 cm.

Needle sizes are for guidance only.

If you have more stitches on 10 cm, change to a larger needle. If you have fewer stitches on 10 cm, change to smaller needles.

### MATERIALS

#### Yarn from Filcolana

200 (200) 200 (250) g Arwetta in col. 352

(Red Squirrel) and

175 (200) 200 (225) g Tilia in col. 373

(Vintage Rose)

**Work the sweater using 1 strand of Arwetta and 2 strands of Tilia held together throughout work.**

**6 mm circular needles, 60 cm**

**Cable needle or extra needle for working the sts together**

**5 stitch markers**

**Stitch holder**

---

# Techniques

---

## SPECIAL ABBREVIATIONS

**K2tog:** Knit 2 sts together.

**Sl1 k1 pss0 (decrease):** Slip 1 st knit-wise, k1, pass the slipped st over the knitted st.

**Inc (increase):** Lift the bar between 2 sts and work it through the back loop.

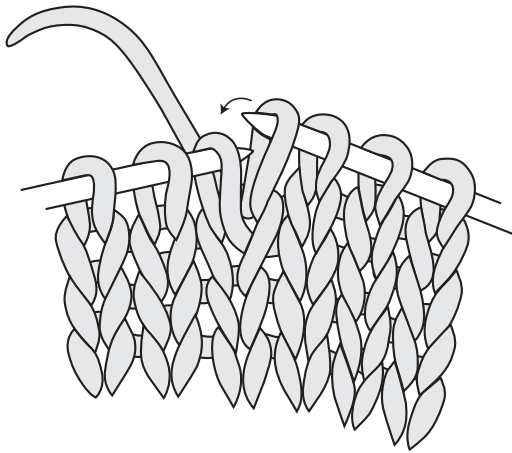
## SPECIAL TECHNIQUES

Short rows are worked using the twin stitch method.

### Twin stitch short rows, worked from the right side:

Flip work a bit towards yourself so you can see the wrong side of the sts. Insert right needle into 'the neck' (the wrong side) of the st which is just below the first st on left needle, pick up the yarn and work a knit st. Slip the st you have just worked (the twin st) onto the left needle.

Turn work and continue as pattern indicates, tighten the yarn a bit. When working the st with the matching twin st, work both sts together as if they were one st.

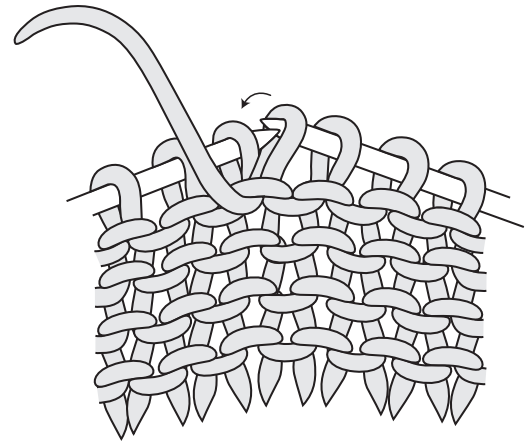


### Twin stitch short rows, worked from the wrong side:

Insert right needle, top down, in the 'neck' of the st below, and purl this new st. You might want to move the yarn to the wrong side of work. Slip the st, you have just worked, onto the left needle.

Turn work and continue as pattern indicates, tighten yarn a bit.

When working the st and its matching twin on the next wrong side row, work the sts together through the back loop, so the twin st disappears.




---

# Workflow

---

The body is worked in the round from bottom and up to the armholes, where work is divided, and the front and the back sts are worked flat and finished respectively. Both sides are joined at the shoulders before picking up sts for the neckband.

Then sts are picked up for the sleeves and worked in the round, top down, making the sleeves easily adjustable in length.



---

# Pattern

---

## BODY

With 6 mm needles cast on 152 (168) 184 (200) sts.  
Place a start marker and join round.

Work 7 rounds of rib (k2, p2).

Work 4 rounds of stockinette.

**Next round:** Knit 7 (7) 8 (8) sts, place marker, knit 62 (70) 76 (84) sts, place marker, knit 14 (14) 16 (16) sts, place marker, knit 62 (70) 76 (84) sts, place marker, knit remaining sts.

The stitch markers are now in place. They indicate where increases will be and are moved from left to right needle, when knitting the round.

**Next round (increase round):** \*Knit to marker, work 1 inc after marker, knit to marker, work 1 inc before marker\*, repeat from \* to \* once more.

Knit 9 rounds of stockinette.

Continue with increases on every 10th round until you have increased 5 rounds. Last round is an increase round.

Work 7 (9) 11 (13) rounds of stockinette.

**Next round:** Knit to 2nd marker, k4, bind off the next 6 (6) 8 (8) sts, knit to 4th marker, bind off the next 6 (6) 8 (8) sts.

Work is now divided into front and back, and each part is finished separately.

## BACK

Now, work the 80 (88) 94 (102) back sts while the front sts rest for now.

**Next row (right side) (increase row):** Knit to marker, work 1 inc after marker, knit to next marker, work 1 inc before marker, knit remaining sts.

Work 5 rows of stockinette (knit on right side, purl on wrong side), last row is a wrong side row.

Work increases on every 6th row until you have



increased 7 times in total after separating the front and the back, finish with 5 rows of stockinette, last row is a wrong side row.

You now have 94 (102) 108 (116) sts on your needles.

Now work the short rows over the shoulders like this:

### Left shoulder

**1st row (right side):** Knit 59 (63) 67 (71) sts, slip the last knitted 24 (24) 26 (26) sts onto a stitch holder, knit remaining sts.

Work is now divided, with 35 (39) 41 (45) sts on each shoulder and 24 (24) 26 (26) sts resting in the middle.

**2nd short row (wrong side):** Purl to resting sts.

**3rd short row (right side):** Knit 23 (26) 27 (30) sts.  
Work twin st short rows (see Special techniques).

**4th short row (wrong side):** Purl to resting sts.

**5th short row (right side):** Knit 12 (13) 14 (15) sts.  
Work twin st short rows.

**6th short row (wrong side):** Purl to resting sts.

**7th short row (right side):** Knit all sts.



Break yarn and let sts rest on a stitch holder.

### Right shoulder

Join yarn to wrong side of the resting neck sts.

**1st short row (wrong side):** Purl 23 (26) 27 (30) sts.

Work twin st short row.

**2nd short row (right side):** Knit to resting sts.

**3rd short row (wrong side):** Purl 12 (13) 14 (15) sts.

Work twin st short row.

**4th short row (right side):** Knit to resting sts.

**5th short row (wrong side):** Purl all sts.

Break yarn and let the sts rest on a stitch holder.

### FRONT

Join yarn to right side of the 80 (88) 94 (102) front sts.

**Next row (right side) (increase row):** Knit to marker, work 1 inc after marker, knit to next marker, work 1 inc before marker, knit remaining sts.

Work 5 rows of stockinette, last row is a wrong side row.

Work increases like this on every 6th row until you have increased a total of 6 times after separating the front and the back (finish with 1 row of stockinette, which is a wrong side row).



You now have 92 (100) 106 (114) sts on your needles.

Now finish each shoulder respectively, like this:

### Right shoulder

**1st row (right side):** Knit 39 (43) 45 (49) sts, bind off the next 14 (14) 16 (16) sts, knit remaining sts.

**2nd row:** Purl to the bound off sts.

**3rd row:** Bind off 3 sts, knit remaining sts.

**4th row:** Purl to the bound off sts.

**5th row (right side) (increase row):** Bind off 2 sts, knit to marker, work 1 inc before marker, knit remaining sts.

**6th row:** Purl to the bound off sts.

**7th row (right side) (1st short row):** Knit 23 (26) 27 (30) sts. Work twin st short row.

**8th row (wrong side) (2nd short row):** Purl to bound off sts.

**9th row (right side) (3rd short row):** Knit 12 (13) 14 (15) sts. Work twin st short row.

**10th row (wrong side) (4th short row):** Purl to bound off sts.

**11th row (right side):** Knit all sts.

Place the right back shoulder sts on an extra needle. Place the front and the back shoulder needles next to each other, the 2 right sides facing each other, work the sts together like this:

Hold the needles parallel in left hand, \*insert right needle into 1st st on the front needle and 1st st on the needle behind, work these 2 sts together\*, repeat from \* to \* once, slip the 1st st on right needle over the 2nd as in normal bind off\*. Repeat from \* to \*\* until all sts are bound off.

### Left shoulder

Join yarn to wrong side of the resting sts.

**1st row (wrong side):** Bind off 3 sts, purl remaining sts.

**2nd row:** Knit all sts.

**3rd row:** Bind off 2 sts, purl remaining sts.

**4th row (right side) (increase row):** Knit to marker, work 1 inc after marker, knit remaining sts.

**5th row (wrong side) (1st short row):** Purl 23 (26) 27 (30) sts. Work twin st short row.

**6th row (right side) (2nd short row):** Knit all sts.

**7th row (wrong side) (3rd short row):** Purl 12 (13) 14 (15) sts. Work twin st short row.

**8th row (right side) (4th short row):** Knit all sts.

**9th row (wrong side) (5th short row):** Purl all sts.

Place the left back shoulder sts on an extra needle. Place the front and the back shoulder needles next to



each other, the 2 right sides facing each other, and work the sts together as on the right shoulder.

### NECKBAND

Join yarn to right side of the 24 (24) 26 (26) resting back sts and knit those sts, pick up 9 sts along the straight part, pick up 6 sts in the diagonal part, pick up 14 (14) 16 (16) sts along the front neck, pick up 6 sts in the diagonal part and 9 sts in the straight part = 68 (68) 72 (72) sts in total.

Join round and work 7 rounds of rib (k2, p2).

Bind off in rib on next round.

### SLEEVES

Join yarn to right side, and from the bottom of the armhole pick up sts like this:

Starting at the bottom of the armhole pick up 3 (3) 4 (4) sts to the straight, vertical part of the armhole, pick up 3 sts for every 4 rows along the straight part, pick up 30 sts in each of the shoulder seams, and pick up 3 (3) 4 (4) sts to the bottom of the armhole = 66 (66) 68 (68) sts in total.

Place a start marker and join round.

**Next round (decrease round):** Knit (2) 2 (3) 3 sts, k2tog, knit to last 4 (4) 5 (5) sts, sl1 k1 pssso, knit remaining sts = 64 (64) 66 (66) sts.

### Only sizes L and XL

Knit 9 rounds.

**Next round (decrease round):** Knit (2) 2 (3) 3 sts, k2tog, knit to last 4 (4) 5 (5) sts, sl1 k1 pssso, knit remaining sts = - (-) 64 (64) sts.

### All sizes

Work stockinette in the round until sleeve measures 34 (32) 30 (28) cm or has the desired length.

**Next round:** \*k2tog\*, repeat from \* to \* over all sts = 32 sts.

Work rib over 7 rounds (k2, p2).

Bind off as pattern indicates on next round.

Knit the 2nd sleeve the same way.

### FINISHING

Weave in all loose ends. Wash the blouse according to the washing instructions on the Tilia label and lay it flat to dry on a towel.



