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# Inger

1st edition - August 2023 © filcolana #FilcolanaInger

Gug Church in Aalborg and its massive concrete facade is a great example of modern Danish church architecture. It was designed by architects Inger and Johannes Exner in 1971. This balaclava is a cosy and warm rib knit beanie. The structure and colour are inspired by the concrete facade of Gug Church.

When the baby is put down for a nap in the pram outside, a Nordic tradition, it's important to keep the baby warm, making this knitted balaclava in soft yarns indispensable.

# **SIZES**

3~months/62~cl (6 months/68 cl) 12~months/80~cl (24 months/92 cl)

#### **MEASUREMENTS**

Fits head circumference: 40 (44) 46 (48) cm

# **GAUGE**

17 sts and 25 rows in stockinette using 5 mm needles =  $10 \times 10$  cm.

The gauge is measured after washing.

Needle sizes are for guidance only.

If you have more stitches on 10 cm, change to a larger needle. If you have fewer stitches on 10 cm, change to smaller needles.

### **MATERIALS**

Yarn from Filcolana

50 (50) 50 (100) g **Anina** in col. 101 (Natural White) and

25 g (all sizes) Alva in col. 402 (Medium Grey)

Inger is knitted using 2 strands of Anina and 1 strand of Alva held together throughout work.

4.5 mm and 5 mm circular needles, 80 cm 4.5 mm and 5 mm double pointed needles

(if you are using the magic loop technique with a long circular needle, these will not be needed)

2 stitch markers Stitch holder





# **Techniques**

### **ABBREVIATIONS**

st(s): stitch(es)

k: knit p: purl **RS:** right side **WS:** wrong side

**k2tog:** Knit 2 sts together

### SI1 k1 psso

Slip 1 st knit-wise, k1, pass the slipped st over the knitted st.

# M1R - Right slanted increase

From the back, lift the horizontal strand between the two stitches with the left needle and knit through the front loop (1 st increase).

### M1L - Left slanted increase

From the front, lift the horizontal strand between stitches with the left needle and knit through the back loop (1 st increase).

# **SPECIAL TECHNIQUES**

# Backward loop cast on

Hold your working yarn over your right index finger, bend the index finger towards you. This will create a loop around your finger. Insert the tip of your righthand needle into the back of the new loop and release it onto the needle. Repeat this till you have the required number of stitches.

# The balaclava is worked top-down in double ribbing.

First, a rectangular top piece is knitted, then sts are picked up along the sides, and the hat itself is shaped through increases and decreases.

Workflow

Then work is joined and knitted in the round until it is divided again for the front and back pieces, which are worked separately.

Finally, sts are picked up along the face opening, and the edge is knitted in single ribbing.





# Pattern

#### **TOP PART**

With 5 mm needles and 2 strands of Anina and 1 strand of Alva held together cast on 16 (16) 20 (20) sts.

**1st row (WS):** K1 (selvedge st), work double ribbing (p2, k2) to last 3 sts, p2, k1 (selvedge st).

**2nd row:** K1 (selvedge st), work double ribbing (k2, p2) to last 3 sts, k3.

Knit 1st and 2nd row until work measures 8 (9) 10 (11) cm.

Last row is a WS row, break yarn and keep the sts on the needle.

#### HAT

Begin on the RS at the cast-on edge of the top piece and pick up 12 (16) 20 (24) sts along the side. Pick up sts where the selvedge sts meets the 1st stockinette sts. Work the remaining 16 (16) 20 (20) sts as follows: P1, knit sts according to pattern until the last resting st, p1, pick up 12 (16) 20 (24) sts along the other side of the top piece = 40 (48) 60 (68) sts in total.

**Next row (WS):** K1 (selvedge st), work double ribbing (p2, k2) to last 3 sts, p2, k1 (selvedge st).

Knit back and forth over all sts in double ribbing with 1 selvedge st in each side, until work measures 6 (7) 8 (9) cm, measured from the picked up sts, finish with a WS row.

1st row (RS) (decrease row): K1, knit rib over 11 (15) 19 (23) sts, k2tog, place marker, knit rib over 12 (12) 16 (16) sts, place marker, sl1 k1 psso, knit rib to last st, k1.

2nd row: Knit as pattern indicates over all sts.

**3rd row (decrease row):** K1, knit rib to 2 sts before marker, k2tog, slip marker to right-hand needle, knit rib to next marker, slip marker to right-hand needle, sl1 k1 psso, knit rib to last st, k1.

Knit 2nd and 3rd row twice more, you have decreased 8 sts = 32 (40) 52 (60) sts.

Repeat 2nd row once more.

Continue working decreases in the neck, AND AT THE SAME TIME work increases in both sides of work, like this:

**3rd row (RS):** K1, k2, M1L, knit rib to marker to 2 sts before marker, k2tog, slip marker, knit rib to next marker, slip marker, sl1 k1 psso, knit rib to last 3 sts, M1R, k2, k1.

**4th row:** Knit sts as pattern indicates, the new sts are included in the rib pattern as you go.

Knit 3rd and 4th row 4 times in total = 32 (40) 52 (60) sts. Finish with a WS row and remove both markers.

### **NECK**

Join work and knit in the round, like this: **Next row (RS):** K1, knit rib to last st, k1, cast on 12 (12) 16 (16) sts using the backward loop cast on technique, place start marker and join round = 44 (52) 68 (76) sts.

Knit ribbing in the round as pattern indicates, until the neck measures 2 (2) 3 (3) cm from the newly cast on sts.





Now divide work into front and back and finish them separately, like this:

### **FRONT**

Knit rib over 4 (6) 8 (10) sts and slip the next 24 (28) 36 (40) sts onto a stitch holder and let them rest for now.

Turn work and knit back and forth in rib over the 20 (24) 32 (36) front sts, until the front measures 3 (3) 4 (4) cm from the division, finish with a WS row.

# Bind off on next row like this:

**Next row (RS):** Sl1 k1 psso, bind off as pattern indicates to the last 2 sts, insert right-hand needle in the next st as if to knit and through the back loop of the last st, pull yarn through both sts and slip them off the needle.

Break yarn.

### **BACK PIECE**

Join yarn to RS of the resting sts and knit back and forth in rib, until the back piece measures 4 (4) 5 (5) cm from the division, finish with a WS row.

Bind off sts as on the front.

# Ribbing edge

Start on the RS of the bottom of the face opening and using a 4.5 mm needle, pick up 70 (78) 86 (94) sts along the RS of the face opening. Place a start marker and join round.

Knit rib (k1, p1) until the ribbing measures 2 cm.

Bind off as pattern indicates on next round.

# **FINISHING**

Weave in loose ends.

Wash the balaclava according to the washing instructions of the labels and lay it flat to dry on a towel.