



Design: Sanne Bjerregaard
English translation: June Thomsen

Lisa

2nd edition - April 2023 © filcolana
#FilcolanaLisa

This cardigan is knitted in one piece from top to bottom. The knitting direction is oblique, so it is knit using only one colour at a time. The cardigan is named after the wonderful Swedish jazz and pop singer Lisa Nilsson, whose soft, melodic voice warms your soul, just as a warm sweater can warm your body on a cold winter's day.

SIZES

XS (S) M (L) XL

MEASUREMENTS

Chest: 93 (99) 106 (115) 122 cm
Length: 54 (54) 55 (56) 59 cm
Sleeve length: 48 (50) 50 (51) 51 cm

GAUGE

17 sts x 25 rows in stockinette on 5 mm needles
= 10 x 10 cm.

Needle sizes are for guidance only.

If you have more stitches on 10 cm, change to a larger needle. If you have fewer stitches on 10 cm, change to smaller needles.

If you have the accurate stitch count horizontally but not vertically it might help to change to needles in a different material, e.g., change from metal to wood or vice versa.

MATERIALS

Yarn from Filcolana

Col. A: 100 (100) 100 (100) 100 g **Saga** in col. 302 (Ballet Slipper) and

25 (50) 50 (50) 75 g **Tilia** in col. 321 (Sakura)

Col. B: 200 (200) 250 (250) 300 g **Saga** in col. 366 (Sugar Almond) and

75 (75) 100 (100) 125 g **Tilia** in col. 352 (Red Squirrel)

Col. C: 50 (50) 50 (50) 50 g **Saga** in col. 249 (Cobalt Blue) and

25 (25) 25 (25) 25 g **Tilia** in col. 337 (Bright Cobalt)

Work each colour with 2 strings of Saga and 1 string of Tilia held together throughout work.

4.5 mm and 5 mm circular needles, 80-120 cm

4 mm double pointed needles (dpns)

4 stitch markers

2 stitch holders (or scrap yarn) for the resting sts

9 buttons

Techniques

SPECIAL ABBREVIATIONS

Yo
(the) yarn over

Twisted yo
Twist the yarn over. Insert right needle into the yarn over and lift it onto the right needle without knitting it, insert left needle into the yarn over through the back loop and lift it back onto left needle, the yarn over is now twisted and ready to be knitted.

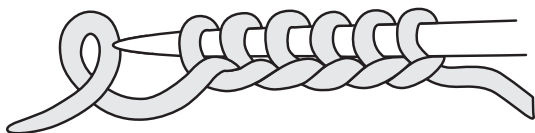
Cdd - Centered double decrease
Slip 2 sts as if to knit them together, k1, pass the 2 slipped sts over the knitted st.

SPECIAL TECHNIQUES

Short rows
Slip 1st st purl-wise with yarn in front onto right needle. Tug the working yarn up and over the needle. This creates a double stitch. Continue working the row as instructed in pattern. On next row work the double sts together. When working the double st, insert needle through both stitch legs as in one stitch, either knit-wise or purl-wise as pattern indicates. This technique is called German short rows.

Increases
Work the increases over 2 rows.
Wrong side row: Work a yarn over on each side of the marked sts.
Right side row: Work the yarn over through the back loop, so that the yarn overs lean right or left respectively.

Backward loop cast on
Hold your working yarn over your right index finger, bend the index finger towards you. This will create a loop around your finger. Insert the tip of your right-hand needle into the back of the new loop and release it onto the needle. Repeat this till you have the required number of stitches.



Workflow

Lisa is worked in one piece, starting at the top of the neck.

The yoke is worked with increases around the marked sts on the shoulders, the middle of the back, and along the button bands.

Then work is divided into sleeves and body and each part finished respectively, while you are still working increases along the button bands and now also decreases along the side seams.

Finally, work ribbing edges. The lower ribbing, the sleeve edges and the neckband are bound off with Italian bind off which gives a soft and rounded bind off.



Pattern

YOKE, SLEEVES AND BODY

With 5 mm needles and colour A cast on 5 sts.
Knit back and forth on the circular needle.

1st row (WS): *p1 (selvedge st), yo, p1, yo, p1 (center back st), yo, p1, yo, p1 (selvedge st).

2nd row: K1, knit the yo tbl, k1, work a twisted yo, k1 (center back st) mark this st with a stitch marker, knit yo tbl, k1, work a twisted yo, k1.

3rd row: P1, yo, purl to the marked middle st, yo, p1, yo, purl to last st, yo, p1.

4th row: K1, knit yo tbl, knit to next yo, work a twisted yo, k1 (middle back st), knit yo tbl, knit to next yo, work a twisted yo, k1.

You now have 5 sts between the selvedge st and the middle st.

Repeat rows 3 and 4 until you have 27 (29) 29 (29) 29 sts on each side (incl. the yarn overs) between the selvedge st and the center back st.
Last row is a wrong side row.

Mark the last st on your needle with a stitch marker, this st is now left shoulder st, and cast on 25 (27) 27 (27) 27 sts with the backward loop cast on technique.

Now work short rows on each front, to raise the front to the right neckline height. Knit as follows:

Short rows, left front

1st short row (RS): K6, turn work.

2nd short row: Work short row, purl to last st, yo, p1.

3rd short row: K1, knit yo tbl, knit to the short row, knit this st, k6, turn work.

4th short row: Work as 2nd short row.

5th short row: Work as 3rd short row.

6th short row: Work as 2nd short row.

Next row (RS): Knit all sts, work the yarn overs as previously, do not turn work. Mark this last st with a stitch marker (right shoulder st) and cast on 25 (27) 27 (27) 27 new sts after the shoulder st at the end of every rightside row, turn work.



Short rows, right front

1st short row (WS): P1, yo, p5, turn work.

2nd short row: Work a short row, knit to the yo, work a twisted yo, knit remaining sts.

3rd short row: P1, yo, purl to short row, purl this st, p6, turn work.

4th short row: Work as 2nd short row.

5th short row: Work as 3rd short row.

6th short row: Work as 2nd short row.

Now work all sts on your needles again.

Next row (WS): *P1, yo, purl to the marked st, yo*, repeat from * to * to last st, p1 = 121 (129) 129 (129) 129 sts on your needles in total.

All sizes

Next row (RS): Knit all sts, work yarn overs as previously.

Next row: *p1, yo, purl to the marked st, yo*, repeat from * to * to last st, p1.

Continue like this until you have 69 (71) 71 (71) 71 sts (incl. yarn overs) on each piece, between the

selvage st and the marked st. Finish with a wrong side row.

Change to colour B and knit as previously until you have 89 (93) 97 (103) 107 sts (incl. yarn overs) between the selvage st and the marked st. Finish with a wrong side row.

Now divide work into body and sleeves, like this:

Next row (RS): K1, knit yo tbl, knit 48 (51) 55 (59) 63 sts, place the next 81 (83) 83 (87) 87 sts on a stitch holder (left sleeve), cast on 3 sts with backward loop cast on technique and mark the middle of these sts (left side st), knit 48 (51) 55 (59) 63 sts, work a twisted yo, k1, knit yo tbl, knit 48 (51) 55 (59) 63 sts, place the next 81 (83) 83 (87) 87 sts on a stitch holder (right sleeve), cast on 3 sts and mark the middle of these sts (right side st), knit to yo, work a twisted yo, k1 = 205 (217) 233 (249) 265 sts on the body.



BODY

Next row (WS): P1, yo, purl to the marked st on the back, yo, p1, yo, purl to last st, yo, p1.

Next row: *K1, knit yo tbl, knit to 1 st before the marked side st, cdd*, knit to the middle back st, work a twisted yo, repeat from * to *, knit to last st, work a twisted yo, k1.

Repeat these 2 last rows another 6 (5) 3 (0) 0 times, finish with a wrong side row.

Now work is divided, and the sides are finished separately.

Left front and left part of the back

Next row (RS): K1, knit yo tbl, knit to 1 st before the marked side st, cdd, knit to yo, work a twisted yo, turn work and let the remaining sts rest for now.

Next row: Slip 1 st, p1, pass the slipped st over, bind off another st, purl remaining sts.

Next row: Slip 1 st, k1, pass the slipped st over, bind off another 2 sts, knit to 1 st before the marked side st, cdd, knit remaining sts.

Next row: Slip 1 st, p1, pass the slipped st over, bind off 1 more st, purl remaining sts.

Next row: Slip 1 st, k1, pass the slipped st over, bind off another st, knit to 1 st before the marked side st, cdd, knit remaining sts.

Repeat these last 2 rows until work measures 12 cm from where it was divided, measure along the side. Last row is a wrong side row.

Change to colour C and continue like before, until all sts are bound off.

Break yarn and pull the end through the st.

Right front and right part of the back

Join yarn to right side of the resting sts, 1st st is the marked center back st.

Next row (RS): K1, knit yo tbl and bind off the middle st, bind off another 2 sts, knit to 1 st before the marked side st, cdd, knit all sts to yo, work a twisted yo, k1.



Next row: Slip 1 st, p1, pass the slipped st over, bind off another 2 sts purl-wise, purl remaining sts.

Next row: Slip 1 st, k1, pass the slipped st over, bind off another st, knit to 1 st before the marked side st, cdd, knit remaining sts.

Next row: Slip 1 st, p1, pass the slipped st over, bind off another st, purl remaining sts.

Repeat these last 2 rows until work measures 12 cm from where it was divided, measure along the side. Last row is a wrong side row.

Change to colour C and continue like previously until all sts are bound off.
Break yarn and pull the end through the st.

RIBBING EDGE

With 4.5 mm needles and colour B pick up sts along the right side of the lower edge of the body. Starting at the bottom left corner, pick up sts like this: Cast on 1 st, then pick up 34 (36) 38 (40) 42 sts to the side st, pick up 1 st in the side st, and pick up 32 (34) 36 (38) 40 sts to the back st, pick up 1 st in the back st, pick up 32 (34) 36 (38) 40 sts to the side st, pick up 1 st in the side st, and pick up 34 (36) 38 (40) 42 sts to the outer edge and cast on 1 additional st = 137 (145) 153 (161) 169 sts.

1st row (WS): P1, *p1, k1*, repeat from * to * to last 2 sts, p2.

2nd row: K1, *k1, p1*, repeat from * to * to last 2 sts, k2.

Repeat these 2 rows until ribbing edge measures 7 cm, finish with a rightside row.

Now bind off with Italian bind off like this:

Measure a tail approx. 3 times the width of the rib. Thread tail onto a tapestry needle. First st should be a knit st.

1. Insert tapestry needle into the first st on left needle as if to purl, pull the yarn through.
2. From behind work insert needle between 1st and 2nd st. Pull needle and yarn to front of work.
3. Insert tapestry needle through the 2nd st, from front and out on the back.
4. Insert tapestry needle from front into the 1st st as if to knit it, slip st off needle.

5. From the front insert tapestry needle - from right to left - into the front leg of the 2nd st (knit st), pull yarn through.

6. Insert tapestry needle into 1st st as if to purl, slip st off needle.

7. Insert tapestry needle between 1st and 2nd st, from back to front

8. From the front insert needle through the 2nd st, pull yarn through.

9. Insert tapestry needle into 1st st as if to knit, slip st off needle.

10. Work as point 5.

11. Work as point 6.

Repeat rows 7-11 until you have 3 sts left on your needles.

Finish:

From the front, insert the tapestry needle from right to left, into the last 2 sts, as if to purl them together, pull yarn through.

Insert tapestry needle into 1st st as if to purl, slip st off needle.

Insert tapestry needle into the last 2 sts as if to knit them together, slip both sts off needles.

All sts are now bound off. Weave in end, carefully.

SLEEVES

Slip the 81 (83) 83 (87) 87 sleeve sts back on the 5 mm needles. From the right side pick up 5 sts at the bottom of the armhole.

Join round and mark the middle of these 5 new sts. The round begins AFTER the marked st, this means you include the first st on the round every time you work a cdd at the end of a round.

1st round: Knit to yo, work a twisted yo, k1, work yo tbl, knit to 1 st before the marked st at the bottom of the armhole, cdd = 84 (86) 86 (90) 90 sts.

2nd round: Knit to the marked shoulder st, yo, k1, yo, knit remaining sts.

Repeat these 2 rounds until sleeve measures 28 (30) 30 (31) 31 cm from the picked-up armhole sts, last round is a 1st round where the yarn overs are worked, and you increase under the sleeve.

Break yarn.

Slip the sts on the left side of the middle st, i.e., the sts at beginning of round to the shoulder st, onto the right

needle without knitting them, turn work.
Now work the rest of the sleeve flat back and forth.

Change to colour C.

Next row (WS): Slip the shoulder st, which is now the first st on the left needle, without knitting it, purl next st and pass the shoulder st over the purled st, so the shoulder st is bound off, purl remaining sts.

Next row: Slip 1 st, k1, pass the slipped st over, bind off another st, knit to 1 st before the marked st under the armhole, cdd, knit remaining sts.

Next row: Slip 1 st, p1, pass the slipped st over, bind off another st, purl remaining sts.

Repeat these 2 rows until all sts are bound off.
Do not break yarn and keep the last st on your needle.

Change to 4.5 mm needles.



Sleeve rib

Continue with colour C and the st which is on the needles already, pick up 27 (28) 28 (29) 30 sts along the bound off sts, to the bound off shoulder st, pick up 1 st in the shoulder st, and pick up 27 (28) 28 (29) 30 sts along the other side of the sleeve edge = 56 (58) 58 (60) 62 sts in total.

Next round: Knit 1 (1) 1 (0) 1 st, *k2tog, k1*, repeat from * to * to last 1 (3) 3 (0) 1 sts, knit 1 (3) 3 (0) 1 sts = 38 (40) 40 (40) 42 sts.

Knit rib (k1, p1), until ribbing measures 6 cm.

Now, bind off with Italian bind off like this:

Measure a tail approx. 4 times the length of the rib circumference. Thread tail onto a tapestry needle. First st should be a knit st.

1. Insert tapestry needle into the first st on left needle as if to purl, pull the yarn through.
2. From behind work insert needle between 1st and 2nd st. Pull needle and yarn to front of work.
3. Insert tapestry needle through the 2nd st, from front and out on the back.
4. Insert tapestry needle from front into the 1st st as if to knit it, slip st off needle.
5. From the front insert tapestry needle - from right to left - into the front leg of the 2nd st (knit st), pull yarn through.
6. Insert tapestry needle into 1st st as if to purl, slip st off needle.

Finish:

7. From the front insert needle, from right to left, into the first bound off st, pull the yarn through.
 8. Knit as point 6.
- All sts are now bound off. Weave in end, carefully.

Work the 2nd sleeve edge the same way.

BUTTON BANDS

Left button band

With 4.5 mm needles and colour A pick up sts from the right side of the left front, starting at the top of the neckline, pick up 81 (81) 83 (85) 89 sts to the bottom of the ribbing edge, pick up approx. 3 sts for every 4 rows on the front.

1st row (WS): P2, *k1, p1*, repeat from * to * to last st, p1.

2nd row: K2, *p1, k1*, repeat from * to * to last st, k1.

Repeat these 2 rows twice more, knit 1st row once more.

Bind off in rib on next row.

Right buttonhole band

With 4.5 mm and colour B pick up sts from the right side of the right front, starting at the ribbing at the bottom, pick up 81 (81) 83 (85) 87 sts to the top of the neckline.

1st row (WS): P2, *k1, p1*, repeat from * to * to last st, p1.

2nd row: K2, *p1, k1*, repeat from * to * to last st, k1.

3rd row: Work as 1st row.

4th row (RS) (buttonhole row): K2, work rib over 2 (2) 2 (4) 4 sts, *slip the 2nd st on left needle over the 1st st, p1, yo, work rib for 8 sts*, repeat from * to * to last 7 (7) 9 (9) 11 sts, work the last buttonhole as the previous ones, work remaining sts in rib as pattern indicates.



5th-7th row: Work as 1st-3rd row.

Bind off in rib on next row.

Leave last st on needle and do not break yarn.

NECKBAND

With 4.5 mm needles and colour B pick up sts from the right side of the neckline, starting with the one st still on the needles from the bind off of the button band, pick up another 5 sts along the rib, pick up 23 (25) 25 (25) 25 sts to the shoulder st, pick up 1 st in the shoulder st and mark this st, pick up 21 (23) 23 (23) 23 sts to the center back st, pick 1 st up in this st, and pick up the same number of sts along the other side of the neckline = 103 (111) 111 (111) 111 sts in total.

1st row (WS): P2, *k1, p1, k1, p1, k2tog, p1*, repeat from * to * another 3 times, work rib (k1, p1) to the marked shoulder st on the other side, p1, k1, p1, k1, p1, **k2tog, p1, k1, p1, k1, p1***, repeat from ** to ** another 3 times, work rib to last 2 sts, p2.

2nd row (buttonhole row): K2, slip the 2nd st on left needle over the 1st st, p1, yo, *work rib to 1 st before the marked shoulder st, cdd*, repeat from * to *, work rib to last 2 sts, k2.

3rd row: P2, knit all sts as pattern indicates.

4th row: K2, *work rib to 1 st before the marked shoulder st, cdd*, repeat from * to *, work rib to last 2 sts, k2.

5th row: Work as 3rd row.

Bind off as pattern indicates on next row, **AT THE SAME TIME** work cdd at the shoulder sts before binding these off.

FINISHING

Sew in the buttons and weave in all loose ends.

If you have small holes at the sides of the armholes sew these gaps from the wrong side.

Wash the cardigan according to the washing instructions on the labels, lay it flat to dry on a towel.