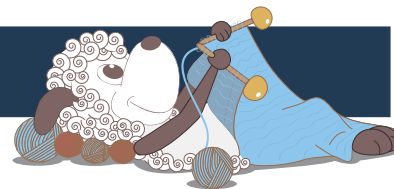


Falke - a simple cowl for the whole family



Design: Nanna Gudmand-Høyer

A cowl is a very practical garment for kids, who often are not allowed to wear scarves at daycare and school. Falke is a simple cowl that is easy to knit. It is worked in the round with increases forming a subtle little pattern. The pattern contains sizes for both kids and adults.

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English translation: Signe Strømgaard

Materials

100 g of Anina by Filcolana in color 954 (Light grey melange)
4 mm circular needle, 40 cm long or 4 mm double-pointed needles.
4 mm circular needle, 60 cm long.
8 stitch markers

Sizes

XS (S) M (L)

This style of cowl needs to fit snugly around the neck, but at the same time needs to fit over the head without too much effort. For this reason the pattern is written in 4 sizes. As a guideline size XS is for toddlers (1-3 years), S is for small children (3-6 years), M is for big kids and adults with small heads and L is for adults with larger heads.

In my family our heads measure 52, 56 and 62 cm, and we fit sizes S, M and L (but we can all pull the S over our heads).

Gauge

20 sts and 34 rows in stockinette stitch on 4 mm needles with 2 strand of yarn held together.

Special abbreviations and techniques

Kfb: Knit into first the front, then the back of the stitch.



Cable cast-on: This cast on is used because it does not have a right and wrong side. You can use a normal (long-tail cast-on), if you prefer. Make a slip knot and place it on the left needle. Insert the tip of the right needle into the slipknot and pull a new stitch through. Place the stitch on the left needle. The rest of the stitches are cast on by Inserting the right needle between the 2 first sts on the left needle and pulling a new stitch through to place on the left needle. (Google "cable cast on" to find instructional videos of the technique)

Cowl

Loosely cast on 60 (64) 68 (72) sts using the cable cast-on on the short circular needle or double-pointed needle. Join in the round and place a marker for the beginning of the round.

Work for 13 (14) 15 (16) cm in k2, p2 ribbing.

Continue in stockinette stitch and place markers:

*Knit 7 (8, 8, 9) sts, place marker, knit 8 (8, 9, 9) sts place marker. Repeat from * to end of round.

Work increases every other row: *Knit to marker, kfb. Repeat from * to end of round.

Knit 1 round.

(Change to larger circumference circular needle, when the are too many stitches to comfortably fit on the small needle/double-pointed needles)

Work a total of 12 (14, 16, 18) increase round. end on a increase round. Work 3 rounds of k2, k2 ribbing. Bind off in pattern.

Finishing

Weave in the ends. Gently wash the cowl and let it dry (the rib will stop bending when the cowl has been washed).