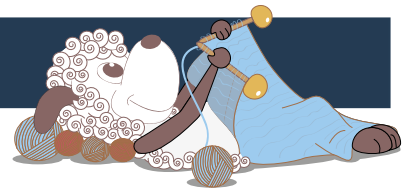


Supernova - a wonderful, warm dress



Design: Signe Strømgaard

One of my very first knitting designs I ever had published was a striped dress for little girls, that I named after my daughter Nova. Since it was published knitters have asked me for an adult version, and I've been playing around with the idea on and off. Finally the pieces came together and the adult version turned out to be a light and warm dress in alpaca, and I just had to name it superNova.

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Sizes

XS (S) M (L) XL (2XL) 3XL

The pattern contains two lengths: a short version (seen in the photos), which is knee length, and a longer version.

Materials

IIndicita by Filcolana in 3 colors:
(See alternative color suggestion on page 2)

Short version:

Color A: 200 (200) 250 (300) 300 (350) 350 g in



color 814

Color B: 150 (200) 200 (200) 250 (250) 250 g in color 808

Color C: approx. 10-15 (10-15) 15-20 (15-20) 15-20 (15-20) 15-20 g in color 809

Long version:

Color A: 250 (250) 300 (300) 350 (350) 400 g in color 814

Color B: 200 (200) 200 (250) 250 (300) 300 g in color 808

Color C: ca. 10-15 (10-15) 15-20 (15-20) 15-20 (15-20) 15-20 g in color 809

4 mm circular needle, 60 and 80-100 cm long

3,5 mm circular needle, 60 and 80-100 cm long

4 mm double-pointed needles

Markers or loops of yarn

Alternative color idea

Color A: 402 (medium gray melange); color B: 401 (light gray melange), color C: 807 (fuchsia melange)

Nova for girls

The original dress is available as a free pattern via the designers website in size 2, 4, 6, 8 and 10 years: <http://signest.dk/en>

Measurements

Body, chest: 74-80 (80-88) 88-98 (98-110) 110-119 (119-131) 131-143 cm

Dress, chest: 80 (91) 101 (111) 121 (131) 141 cm

Circumference, hem: 133 (146) 158 (168) 180 (190) 200 cm

Sleeve length: 44 (44) 44 (45) 45 (45) 45 cm

Total length:

- short version: 99 cm

- long version: 105 cm

Gauge

21 sts and 28 rows in stockinette stitch on 4 mm needles = 10 x 10 cm.

Note: Getting the gauge right is extra important, because of the stripes - especially when it comes to the row gauge. Not achieving the correct row gauge will affect the final length of the dress, and it not something you can just adjust along the way because of both the shaping and the stripes.

I advice knitting a swatch, so you can plan any necessary adjustments before casting on.

Abbreviations

M1: Make 1. Increase one stitch by lifting the chain between sts onto the left needle and knitting it through the back loop.

Sssk; Slip, slip, slip, knit. A double decrease.

Short rows

When you turn in the middle of a row to make a short row, it is important to do something to avoid ending up with a hole at the turning point. The most common method is to wrap the working yarn around the next

stitch on the needle before turning the work:

Hold the yarn in front of the needles, slip the next stitch from left to right hand needle, bring the yarn to the back of the work and slip the stitch back on the left needle. This creates a loop around the next stitch, which will eliminate the hole between the last knit and the first unknit stitch. Now turn the work and continue according to your pattern.

Directions for knitting

The dress is worked from the bottom up, and is knit in the round - except for the edges and the top part of the yoke. First the body of the dress is worked in the round to the armholes. Then the sleeves are knit in the round before sleeves and body are joined on the circular needle to work the yoke.

Raglan decreases are worked in the round, and then the yoke is split to form a separate front flap. The 2 parts are finished separately and shaped using short rows. An edge is knit onto both the front flap and the shoulder and back of neck piece, before the 2 pieces are sewn together again.

Dress

Short version:

Cast on 260 (284) 308 (332) 356 (376) 396 sts using a 3,5 mm circular needle and color A. Work back and forth in garter stitch.

Knit 18 rows, ie. 9 garter ridges.

Change to a 4 mm circular needle, join the work in the round and place a marker for the beginning of the round.

Knit 1 round while placing a second marker after 130 (142) 154 (166) 178 (188) 198 sts.

Change to color B and work the rest of the dress in alternating 12 row stripes of color A and B.

Work the first decrease round when 2 rounds in color B have been worked:

k1, k2tog, knit to 3 sts before the next marker, ssk, k1. Repeat from * to * once more.

Work a decrease round every 5th round a total of 32 (32) 33 (34) 34 (34) 34 times.

There are now 132 (156) 176 (196) 220 (240) 260 sts on the needle.

Work 4 rounds straight.

Long version:

Cast on 276 (300) 324 (348) 372 (392) 412 sts using a 3,5 mm circular needle and color A. Work back and forth in garter stitch.

Knit 18 rows, ie. 9 garter ridges.

Change to a 4 mm circular needle, join the work in the round and place a marker for the beginning of the round.

Knit 1 round while placing a second marker after 138 (150) 162 (174) 186 (196) 206 m.

Change to color B and work the rest of the dress in alternating 12 row stripes of color A and B.

Work the first decrease round when 6 rounds in color B have been worked:

*k1, k2tog, knit to 3 sts before the next marker, ssk,

k1*. Repeat from * to * once more.
 Work a decrease round every 5th round a total of 36 (36) 37 (38) 38 (38) 38 times.
 There are now 132 (156) 176 (196) 220 (240) 260 sts on the needle.
 Work 4 rounds straight.

Both versions:

Work increases on the next round:
 K1, M1, knit to 1 st before next marker, M1, k1.
 Repeat from * to * once more.
 Work an increase round every 4th round a total of 9 times.
 There are now 168 (192) 212 (232) 256 (276) 296 sts on the needle.

Short version:

Continue straight in stripes until there are 18 (18) 18 (17) 17 (17) 17 complete stripes and 11 (7) 3 (11) 9 (5) 3 rows in the last, incomplete stripe. The body now measures approx. 83 (81) 80 (78) 78 (76) 76 cm.

Long version:

Continue straight in stripes until there are 20 (20) 20 (19) 19 (19) 19 complete stripes and 11 (7) 3 (11) 9 (5) 3 rows in the last, incomplete stripe. The body now measures approx. 90 (88) 87 (85) 85 (83) 83 cm.

Both versions:

Next round: Knit 81 (93) 102 (112) 123 (133) 142 sts, bind off 6 (6) 8 (8) 10 (10) 12 sts (remove marker), knit 78 (90) 98 (108) 118 (128) 136 sts, bind off 6 (6) 8 (8) 10 (10) 12 sts (remove marker).
 Let the work rest on the circular needle.



Sleeves

Cast on 36 (38) 42 (44) 48 (52) 56 sts on a 3,5 mm needle using color C. work back and forth.
 Knit 2 rows.
 Purl 1 row.
 Knit 2 rows.
 Change to color B (B) A (A) A (B) B and 4 mm double-pointed needles. Knit 1 row. Join the work in the round and place a marker for the beginning of the round.
 Knit 12 (12) 6 (12) 12 (6) 6 rounds in this color, then change color and continue in alternating 12 row stripes of color A and B.

AT THE SAME TIME:

Work the first increase round after 3 rounds straight: K1, M1, knit to 1 st before end of round, M1, k1.

Work an increase round every 8th (8th) 8th (6th) 6th (6th) 6th round a total of 12 (14) 14 (17) 18 (20) 20 times.
 There are now a total of 60 (66) 70 (78) 84 (92) 96 sts on the needle.

Continue straight in stripes until there are 9 complete stripes and 11 (7) 3 (11) 9 (5) 3 rows in the last, incomplete stripe. The sleeve now measures approx. 44 (44) 44 (45) 45 (45) 45 cm. (The half stripe at the cuff in size M, 2XL and 3XL are not counted among the 9 complete stripes!)

Next round: Knit 57 (63) 66 (74) 79 (87) 90 sts, bind off 3 (3) 4 (4) 5 (5) 6 sts, remove marker, bind off 3 (3) 4 (4) 5 (5) 6 more sts. Break the yarns.

Knit the second sleeve the same way as the first.

Yoke

Join the body and the sleeves on the circular needle and place markers where the pieces meet. Start at the front by slipping 6 (6) 6 (7) 7 (7) 7 sts, place a marker, join the appropriate color yarn and knit 66 (78) 86 (94) 104 (114) 122 sts (front flap), place a marker, knit the last 5 (5) 5 (6) 6 (6) 6 sts of the front, then knit the last stitch of the front together with the first stitch of the first sleeve, knit 52 (58) 60 (68) 72 (80) 82 sts on the sleeve, then knit the last stitch of the sleeve together with the first stitch of the back, place a marker, knit 76 (88) 96 (106) 116 (126) 134 sts (back), place a marker, knit the last back stitch together with the first stitch on the second sleeve, knit 52 (58) 60 (68) 72 (80) 82 sts on the sleeve, then knit the last stitch of the sleeve together with the first stitch of the front, knit 5 (5) 5 (6) 6 (6) 6 sts to the beginning of round marker.
 Knit 1 round. There are now 260 (296) 316 (352) 380 (416) 436 sts on the needle.

Raglan-decreases

Round 1: *K1, k2tog, knit to 3 sts before the next marker, ssk, k1, slip marker*. Repeat from * to * to

end of round.

Round 2: Knit all std.

Repeat the 2 round 9 (10) 11 (12) 13 (14) 15 more times.

There are now 180 (208) 220 (248) 268 (296) 308 sts on the needle (46 (56) 62 (68) 76 (84) 90 sts on the front flap). The work is divided into a front flap and a shoulders and back of neck piece, and the 2 are finished separately.

Front flap

Row 1 (RS): *K1, k2tog, knit to 3 sts before next marker, ssk, k1. Turn.

Row 2 (WS): Purl back to the beginning of round marker. Turn.

Work back and forth across the front flap sts. Let the shoulder and back of neck sts rest on the needle.

Row 3: *K1, k2tog, knit to 3 sts before marker, ssk, k1.

Row 4: Purl all sts.

Repeat the last 2 rows 6 (7) 8 (9) 9 (10) 10 more times.

There are now 30 (38) 42 (46) 54 (60) 66 sts on the front flap and the last color B stripes is completed.

Break color B and finish the front flap using color A:

Short rows left side (from the RS)

Short row 1: K1, k2tog, knit 11 (11) 12 (12) 14 (16) 18 sts, turn.

Short row 2: Purl to end of row.

Short row 3: K1, k2tog, knit 6 (6) 7 (7) 9 (9) 11 sts, turn.

Short row 4: Purl to end of row.

Short row 5: K1, k2tog, knit 1 (1) 2 (2) 3 (3) 4 sts, turn.

Short row 6: Purl to end of row.

Short row 7: K1, k2tog, knit until there are 3 sts left on the needle, ssk, k1.

Short rows right side (from the WS)

Short row 1: Purl 13 (13) 14 (15) 17 (19) 21 sts, turn.

Short row 2: Knit until there are 3 sts left on the needle, ssk, k1.

Short row 3: Purl 8 (8) 9 (10) 12 (14) 16 sts, turn.

Short row 4: Knit until there are 3 sts left on the needle, ssk, k1.

Short row 5: Purl 3 (3) 4 (5) 7 (9) 11 sts, turn.

Short row 6: Knit until there are 3 sts left on the needle, ssk, k1.

Short row 7: Purl to end of row.

Bind off all sts.

Front flap - edge

Change to a 3,5 mm circular needle and color C.

Pick up and knit stitches along the edge of the front flap. Start at the bottom right side.

Pick up and knit 25 sts along the right edge to the corner, place a marker, pick up and knit 36 sts along the top edge to the left corner, place a marker, pick up and knit 25 sts along the left edge to the bottom.

Row 1: Knit to marker, yarn over, slip marker, k1, yarn over, knit to 1 st before next marker, yarn over, k1, slip marker, yarn over, knit to end of row.

Row 2: Knit all sts, knit yarn over through the back loop.

Row 3: K1, purl to the last st, k1.

Row 4: Bind off purl-wise.

Shoulders and back of neck

Join the appropriate color yarn to the 134 (152) 158 (180) 192 (212) 218 resting stitches on the needle.

Row 1 (RS): K1, k2tog, *knit to 3 sts before next marker, ssk, k1, slip marker, k1, k2tog*. Repeat from * to * once more, knit to the last 3 sts, ssk, k1.

Row 2 (WS): Purl all sts.

Repeat these 2 rows 11 (12) 13 (14) 14 (15) 15 more times.

Break color B and finish the shoulders and back of neck using color A.

Short rows

Short row 1: *k1, k2tog, knit to 3 sts before next marker, ssk, k1, slip marker*. Repeat from * to * once more, k1, k2tog, knit to the last 4 sts, turn.

Short row 2: Purl to the last 3 sts, turn.

Short row 3: *Knit to 3 sts before the next marker, ssk, k1, slip marker, k1, k2tog*. Repeat from * to * once more, knit to 3 sts before last turn, turn. (4 sts decreased)

Short row 4: Purl to 3 sts before last turn, turn.

Repeat Short row 3 and 4 once more.

Break the yarn. Slip the rest of the stitches on the needle, so that you can begin knitting the edge from the beginning of the row.

Edge

Change to a 3,5 mm circular needle and color C.

Row 1 (RS): K1, k2tog, knit to next marker, slip marker, k1, k3tog, k3, k2tog, knit to 9 sts before next marker, ssk, k3, sssk, k1, slip marker, knit to the last 3 sts, ssk, k1.

Row 2 (WS): Knit all sts.

Row 3: Knit all sts.

Row 4: Purl all sts.

Row 5: Bind off purl-wise.

Finishing

Sew the sides of the edge of the front flat to the shoulder edges on either side. Sew up the hole under each arm. Sew the seam at the cuffs. Sew the seam on the garter ridge hem.

Weave in all ends.

