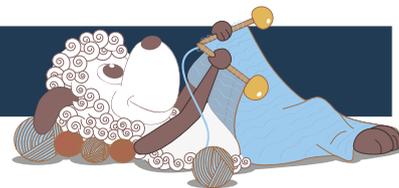


Femøren - a lovely textured slipover



Design: Sanne Bjerregaard

Femøren is a part of Amager Strandpark (Amager beach park). It consists of a circular lawn surrounded by beautiful old trees that lies right next to Øresund (the strait of water between Denmark and Sweden). This is where is spent much of my youth. I saw many of the legendary Danish 80s band play concerts here and this is also where me and my friends from school always went swimming. Today I am lucky to live quite close to Femøren.

The Femøren slipover is worked in broken rib with the wrong side out, as this side has lovely rows of well defined and delicate rows of "pearls".

The designer has lived on the island of Amager, where part of Copenhagen is located, for most of her life, so the inspiration for her designs for the Copenhagen collection naturally come from the places on Amager that she loves the most.

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English translation: Signe Strømgaard

Materials

200 (200) 200 (200) 250 g Arwetta Classic by Filcolana in colour 267 (Lavender Frost)
100 (100) 100 (100) 125 g Tilia by Filcolana in colour 353 (Freesia)
3 mm and 4 mm circular needle, 40 and 80 cm (the shorter length can be omitted if the armhole edges and turtleneck is worked with the longer needle using the Magic Loop technique)
2 stitch markers
2 safety pins

Sizes

XS (S) M (L) XL



Measurements

Body, chest: 80-85 (86-90) 91-96 (97-103) 104-110 cm

Vest, chest: 87 (94) 104 (113) 120 cm

Total length: 55 (57) 59 (59) 60 cm

Gauge

22 sts x 31 rows in pattern on a 4 mm needle with 1 strand of each yarn held together = 10 x 10 cm.

Directions for knitting

The vest is worked from the top down. First the stitches for the neck and shoulders are worked, then increases are worked around the shoulder stitches, until the final back width is reached. Back and front are then worked separately to the bottom of the armholes, where the work is joined again. Here the work is turned so the WS is facing out to avoid having to purl around, and the body is worked in the round to the hem.

Stitches are picked up along the armholes for rib edges and along the neck edge for a turtleneck. The turtleneck is also turned outside in at the halfway point, so the right side of the pattern is facing out.

Special techniques

Knitted cast-on: *K1, but leave the stitch on the left needle, slip the new stitch on the right needle twisted onto the left needle in front of the first stitch*, repeat from * to * until you have cast-on the desired number of stitches.

Special abbreviations

M1L (Make 1 Left): from the front, lift the horizontal strand between stitches with the left needle and knit through the back loop.

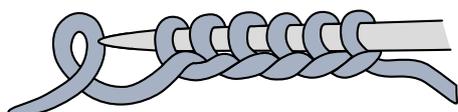
M1R (Make 1 Right): from the back, lift the horizontal strand between stitches with the left needle and knit through the front loop.

Shoulder increases

The shoulder increases are worked on both sides of the shoulder stitch on both RS and WS rows.

Backward loop cast-on

Form a loop with the yarn, so the end attached to the skein of yarn is in front of the end attached to the sts on the needle, insert the right needle through the front of the loop and pull tight so the loop becomes a stitch around the needle. Repeat until you have the desired number of stitches.



Shoulders

Cast on 33 (33) 35 (35) 37 sts on a 4 mm circular needle with 1 strand of Arwetta Classic and 1 strand of Tilia held together. Work back and forth on the circular needle as follows.

Row 1 (WS): P2, p1 (mark this st – shoulder st), purl 27 (27) 29 (29) (31) sts, p1 (mark this st – shoulder st), p2.

Now work increases on both sides of each shoulder st, while at the same time working in pattern.

Row 2 (RS): Work rib (k1, p1) to marked shoulder st, M1R, k1, M1L, work rib (p1, k1) to 1 sts before marked shoulder st, p1, M1R, k1, M1L, work rib (p1, k1) to end of row.

Row 3: P1, *knit to shoulder st, M1L, p1, M1R*, work from * to * once more, knit to last st, p1.

Repeat Row 2 and 3 a total of 5 (5) 5 (6) 6 times, then work Row 2 once more.

Now work increases to shape the front neck edge as follows:

Next row (WS): P1, M1L, work as Row 3 to the last st, M1L, p1.

Next row: Work sts as they present (knit the knit sts and purl the purl sts) and work shoulder increases as established on Row 2.

New st are worked in pattern.

Repeat the last 2 rows another 2 (3) 4 (4) 5 times, then work the WS row once more. There are now 24 (27) 30 (32) 35 sts on each front and 63 (67) 73 (77) 83 sts on the back.

Turn the work to the RS and cast on 15 (13) 13 (13)

13 new sts in extension of the front sts on the left needle using the knitted cast-on technique (see top of pattern). Break the yarn and slip the 24 (27) 30 (32) 35 sts from the second front from right to left needle without knitting them. There are now a total of 63 (67) 73 (77) 83 front sts. Place the shoulder st on a safety pin.

Front

Join the yarn from the RS to the front sts and work as follows:

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Row 1 (RS): K1, *k1, p1*, repeat from * to * to the last 2 sts before the shoulder st, k2.

Row 2: P1, knit to last st before shoulder st, p1.

Repeat Row 1 and 2 until the armholes measure 14 (14) 14 (13) 13 cm from the safety pin. End on a RS row.

Now work increases for the armholes as follows:

Row 1 (WS): P1, M1L, knit to last st, M1L, p1.

Rows 2-4: Work in pattern, working the new sts in pattern as well.

Repeat these 4 rows a total of 7 (6) 6 (7) 7 times.

There are now a total of 77 (79) 85 (91) 97 sts on the needle.

Continue working increases, but now every other row (all WS rows) a total of 4 (7) 9 (10) 10 times. End on a RS row. There are now a total of 85 (93) 103 (111) 117 sts on the needle.

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Break the yarn and let the sts rest, while the back is worked.

Back

Place the second shoulder st on a safety pin, join the yarn from the RS to the back sts and work as the front from # to #. Do not break the yarn.

Body

Turn the work so the body is worked from the WS as follows:

From the WS, knit across the sts for the back, cast on 11 (11) 11 (13) 17 new sts in extension of the back sts using the backward loop method (see top of pattern), knit across front sts, cast on 11 (11) 11 (13) 17 new sts in extension of the front sts. Join in the round and place a marker for the beginning of the round. There are now a total of 192 (208) 228 (248) 264 sts on the needle.

Round 1: *P1, k1*, repeat from * to * to end of round.

Round 2: Knit to end of round.

Repeat these 2 round until the work measures 22 (24) 25 (24) 24 cm from the armholes. End with a Round 1.

Change to a 3 mm circular needle and work 5 cm rib (p1, k1). Remove beginning of round marker and work p1.

Bind off using the Italian bind-off as follows:

Break the yarn, leaving an end approx. 3 times the circumference of the rib edge and thread the end on a

blunt needle.

1. Insert the needle through the 1st stitch on the left needle as if to purl.

2. Insert the needle between the 1st and 2nd stitch from back to front.

3. Insert the needle through the 2nd stitch as if to knit.

4. Insert the needle through the 1st stitch as if to knit and let the stitch fall off the needle.

5. Insert needle through front leg of the 2nd stitch, from front to back and from right to left.

6. Insert the needle in the 1st stitch on the left needle as if to purl and let the stitch fall off the needle. Repeat pt. 2-6 to last st. Sew down the last st as in 3. All sts have now been bound off. Weave in end.

Armhole edges

Turn the vest RS out. Pick up and knit sts from the RS with a 3 mm circular needle along the armhole edge. Start at the centre of the bottom of the armhole and pick up and knit 6 (6) 6 (6) 8 sts along the straight edge at the bottom of the armhole, pick up and knit 27 (29) 33 (37) 40 sts along the sloped edge, pick up and knit 33 (33) 33 (31) 31 sts up along the straight section, slip the shoulder st onto the needle without knitting it, pick up and knit 33 (33) 33 (31) 31 sts along the straight section on the other side of the armhole, pick up and knit 27 (29) 33 (37) 40 sts along the sloped edge and 7 (5) 5 (5) 7 sts along the straight edge to the centre of the bottom of the armhole. There are now a total of 134 (136) 144 (148) 158 sts on the needle.

Join in the round and work 3 cm in rib (k1, p1).

Break the yarn, leaving an end approx. 3 times the circumference of the edge and thread the end on a blunt needle. Bind off using the Italian bind-off method the same as for the hem.

Work the second armhole edge the same way as the first.

Turtleneck collar

Pick up and knit sts from the RS along the neck opening with a 4 mm circular needle. Start at the right shoulder st and pick up and knit 1 st from this st, pick up and knit 27 (27) 29 (29) 31 sts along the back neck edge, pick up and knit 1 sts in the left shoulder st, pick up and knit 17 (18) 21 (21) 22 sts along the left side of the front neck edge, pick up and knit 15 (13) 13 (13) 13 sts along the centre of the front neck edge, pick up and knit 17 (18) 21 (21) 22 sts along the right side of the front neck edge. There are now a total of 78 (78) 86 (86) 90 sts on the needle.

Join in the round and place a marker for the beginning of the round.

Round 1: Purl to end of round.

Round 2: *K1, p1*, repeat from * to * to end of round.

Repeat Round 1 and 2 until the collar measures 8 cm. End on Round 2.

Now the pattern is "turned".

Round 3: Knit to end of round.

Round 4: *P1, k1*, repeat from * to * to end of round.

Repeat Round 3 and 4 until the collar measures 16 cm. End on Round 2.

Bind off using the Italian bind-off method the same as for the hem.

Finishing

Weave in all ends and gently wash the finished vest according to the Tilia yarn label. Lay it flat on a towel to dry.