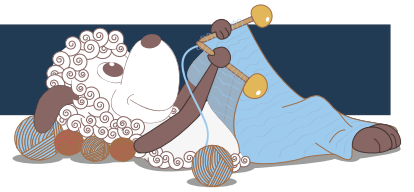


Amager Bakke - a gorgeous cabled vest



Design: Sanne Bjerregaard

When the Amager incineration plant was due for renovation, the architect Bjarke Ingels was hired for the job. He always goes about things differently, and this was no exception, so the result is a ski slope, a cafe and hiking trails 85 meters above the ground, with a breathtaking view of Copenhagen.

The designer has lived on the island of Amager, where a part of Copenhagen is located, for most of her life, so the inspiration for her designs for the Copenhagen collection naturally comes from the places on Amager that she loves the most.

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English translation: Signe Strømgaard

Materials

300 (350) 400 (450) g Peruvian Highland Wool by Filcolana in colour 978 (Oatmeal)
75 (100) 100 (125) g Tilia by Filcolana in colour 354 (Light Truffle)
5 mm and 6 mm circular needle, 60-80 cm
Cable needle
2 stitch holders

Sizes

S (M) L (XL)

Measurements

Body, chest: 84-89 (90-95) 96-104 (105-116) cm
Vest, chest: 90 (96) 105 (117) cm
Total length: 46 (51) 51 (56) cm

Gauge

14 sts x 19 rows in stockinette stitch on a 6 mm needle with 1 strand of each yarn held together = 10 x 10 cm.



Directions for knitting

Amager Bakke is worked seamlessly in the round from the bottom up. The body is divided at the armholes and front and back are finished separately. The cable pattern is continued up through the collar. Finally, armhole rib edges and a rib hem is worked.

Special techniques

Short rows - GSR (German short rows): Work to where the turn needs to be, turn, then slip the first stitch purl-wise with the yarn held in front. Bring the working yarn up and over the needle and down on the other side, pulling hard enough on the yarn to make the stitch on the needle look like a double stitch (the 2 legs of the stitch are visible). Continue row as pattern describes.

When working across the stitch that looks like a double stitch, work it as 1 stitch, either knitting or purling the 2 legs together, as the pattern describes.

Stretchy bind-off: P2, *insert left needle into both sts on the right needle, so the left needle is closest to you, catch the working yarn with the right needle and pull it through both sts, let both sts fall of the right needle, then slip the new stitch to the right needle, p1*, repeat from * to * until all sts have been bound off.

Cable pattern (worked in the round)

Rounds 1-11: K24.

Round 12: Slip next 6 sts onto cable needle and hold to back of work, k6, then k6 from cable needle, slip next 6 sts to cable needle and hold to front of work, k6, then k6 from cable needle.

Cable pattern (worked back and forth, after dividing work for back and front)

Rows 1, 3, 5, 7, 9 and 11: P24.

Rows 2, 4, 6, 8 and 10: K24.

Row 12: Slip next 6 sts onto cable needle and hold to back of work, k6, then k6 from cable needle, slip next 6 sts to cable needle and hold to front of work, k6, then k6 from cable needle.

Body

Cast on 204 (212) 224 (240) sts on a 6 mm circular needle with 1 strand of each yarn held together. Join in the round and place a marker for the beginning of the round and a second marker after 102 (106) 112 (120) sts.

Round 1 (set-up round): Purl 9 (11) 13 (15) sts, k24 (Round 11 of cable pattern), purl 6 (6) 7 (9) sts, k24 (Round 11 of cable pattern), purl 6 (6) 7 (9) sts, k24 (Round 11 of cable pattern), purl 18 (22) 26 (30) sts, (the side marker is at the centre of these sts), k24 (Round 11 of cable pattern), purl 6 (6) 7 (9) sts, k24 (Round 11 of cable pattern), purl 6 (6) 7 (9) sts, k24 (Round 11 of cable pattern), purl 9 (11) 13 (15) sts. Work in pattern as established, working the cable pattern (see above) across all knitted stitch sections – starting with Round 12, until the body measures approx. 24 (24) 24 (32) cm. End on Round 9 (9) 9 (3)

of the cable pattern, and end 2 (4) 5 (7) sts before the end of the round on the last round.

Now divide the body and finish front and back separately.

Next round: Bind off the 2 (4) 5 (7) sts before the marker off knit-wise, remove marker, then bind off the next 2 (4) 5 (7) sts knit-wise, work in pattern to 2 (4) 5 (7) sts before next marker, bind off the next 4 (8) 10 (14) sts knit-wise (remove marker), then work in pattern to the bound off sts.

Turn the work and work back and forth across the 98 (98) 102 (106) sts for the back. The cable pattern is now worked back and forth (see top of pattern).

Back

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Bind off 2 sts at the beginning of the next 2 rows, then bind off 1 stitch at the beginning of the next 6 rows. There are now a total of 88 (88) 92 (96) sts on the needle.

There are now 2 (2) 3 (3) sts on the outside of each cable at either end of the needle.

Work straight in pattern, purling the first and last 2 (2) 3 (3) sts on RS rows and knitting them on WS rows.

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Continue as established until the work measures approx. 18 (23) 23 (25) cm from the bottom of the armholes. End on Row 12 of the cable pattern pattern, which is a RS row.

Next row (WS): Knit 2 (2) 3 (3) sts, p6, [p2tog] 6 times, p6, knit 6 (6) 7 (9) sts, p24 (centre cable), knit 6 (6) 7 (9) sts, p6, [p2tog] 6 times, p6, knit 2 (2) 3 (3) sts.

The cables closest to the edges have now been reduced to 18 sts and there are 76 (76) 80 (84) sts on the needle.

Next row: Purl 2 (2) 3 (3) sts, k18, purl 6 (6) 7 (9) sts, k24, purl 6 (6) 7 (9) sts, k18, purl 2 (2) 3 (3) sts.

Next row: Knit 2 (2) 3 (3) sts, p18, knit 6 (6) 7 (9) sts, p24, knit 6 (6) 7 (9) sts, p18, knit 2 (2) 3 (3) sts. Let the sts rest while the front is being worked.

Front

Join the yarn from the WS and work across the resting sts for the front. Work the same as for the back from # to #. Work straight in pattern as established until the front measures approx. 16 (21) 21 (23) cm from the bottom of the armholes. End on Row 9 of the cable pattern, which is a WS row.

Shoulders

Row 1 (RS): Purl 2 (2) 3 (3) sts, k24, p5, turn work and let remaining sts rest.

Row 2: Bind off 2 sts, work sts as they present (knit the knit sts and purl the purl sts) to end of row.

Row 3: Work in pattern (remembering to work cable along the way) to end of row.

Row 4: Bind off 1 sts, k1, p6, [p2tog] 6 times, p6, knit 2 (2) 3 (3) sts.

Row 5: Purl 2 (2) 3 (3) sts, k18, purl to end of row.

Row 6: Bind off 1 sts, p18, knit 2 (2) 3 (3) sts.

Now bind off the shoulder together with the corresponding back shoulder as follows:

Place the first 21 (21) 22 (22) sts from the back (left shoulder) on an extra needle, hold the two sets of sts right sides together and knit together the sts from each needle with a third needle, while at the same time binding them off.

Slip the first 26 (26) 28 (32) sts from the front (as seen from the RS) to a stitch holder. Re-join the yarn at the right shoulder and work as follows:

Row 1 (RS): Bind off 2 sts, work in pattern to end of row.

Row 2: Work sts as they present to end of row.

Row 3: Bind off 1 st, work in pattern to end of row (remembering to work cable along the way).

Row 4: Knit 2 (2) 3 (3) sts, p6, [p2tog] 6 times, p6, k2.

Row 5: Bind off 1 st, k18, purl 2 (2) 3 (3) sts.

Row 6: Knit 2 (2) 3 (3) sts, p18, k1.

Place the last 21 (21) 22 (22) sts from the back on an extra needle and bind off together with the front sts the same way on the left shoulder.

Neck edge

Be aware that you are two different places in the cable pattern on front and back. It can be helpful to mark down each round you have worked on each cable, so you do not lose your place in the pattern. Start at the right shoulder seam and pick up and knit sts with a 6 mm circular needle along the neck edge as follows:

Pick up and knit 1 st at the shoulder seam, then work across the resting sts as they present (working round 6 of the cable pattern), pick up and knit 1 st in the shoulder seam, pick up and knit 7 (7) 8 (10) sts along the edge to the resting sts, p1, work round 10 of the cable pattern, p1, pick up and knit 7 (7) 8 (10) sts. There are now a total of 76 (76) 78 (86) sts on the needle.

Join in the round. Work as the sts present, meaning purl the sts between the cables and work the correct rounds of the cable pattern across the cable sts for a total of 15 rounds. The last round of the front cable pattern is Round 2.

Bind off as follows: Bind off all purl sts using the stretchy bind-off method (see Special technique at top of pattern) and bind off all knit sts using a normal bind off. Break the yarn.

Armhole edge

Pick up and knit sts from the RS with a 5 mm circular needle and 1 strand of each yarn held together as follows:

Start at the centre bottom of the armhole and pick up and knit a total of 70 (88) 90 (100) sts all around the armhole edge. Join in the round.

Work 6 rounds of rib (k1, p1).

Break the yarn, leaving an end approx. 3 times the circumference of the rib edge and thread the end on a blunt needle.

Bind off using the Italian bind-off as follows:

1. Insert the needle through the 1st stitch on the left needle as if to purl and pull the yarn through.

2. Insert the needle from the RS and from right to left through the front leg of the 2nd stitch on the needle and pull the yarn through.

3. Insert the needle through the 1st stitch on the left needle as if to purl, pull the yarn through, then let the stitch fall off the needle.

4. Insert the needle between the 1st and 2nd stitch from WS to RS.

5. Insert the needle through the 2nd stitch from RS to WS.

6. Insert the needle through the 1st stitch on the left needle as if to purl, pull the yarn through, then let the stitch fall off the needle.

Repeat 2-6 until only 1 (purl) stitch remains on the left needle.

Finish:

7. Insert the needle through the first stitch that was bound off from right to left, pull the yarn through.

8. Work a **6**.

All the sts have now been bound off. Weave in the ends thoroughly.

Work the second armhole edge the same way as the first.

Hem rib edge

Pick up and knit sts from the RS with a 5 mm circular needle and 1 strand of each yarn held together as follows:

Start at the beginning of the round and knit up and knit 9 (11) 13 (15) sts along the edge to the first cable, pick up and knit 6 sts along the front "leg" of the cable and 6 sts in the second "leg" of the cable (the 4 "legs" of the cable are folded over one another, so 2 of them lie to the front and 2 to the back. Sts are not picked up along the back "legs" which consist of the centre 12 sts of the cable), pick up and knit 6 (6) 7 (9) sts along the purl sts between the cables. Continue around in this way, picking up 12 sts along each cable and 6 (6) 7 (9) sts in the purl section between cables, at the side 18 (22) 26 (30) sts are picked up and knitted, and the round ends with picking up and knitting 9 (11) 13 (15) sts along the last section. There are now a total of 132 (140) 152 (168) sts on the needle.

Work 10 rounds in rib (k1, p1).

Bind off using the Italian bind-off method, the same as for the armhole edges.

Finishing

Weave in all ends and wash the vest according to the instructions on the yarn label. Lay it flat on a towel to dry.