

Delphinium - a simple feminine sweater



Design: Nanna Gudmand-Høyer



"Delphinium" is part of Filcolana's "Colours of the Scandinavian Summer" collection. For this collection our team of designers have found inspiration in the incredible Scandinavian light and colours in the works of the Skagen Painters.

Sometimes a simple stockinette stitch sweater is the perfect thing. In this design light waist shaping has been added, as well as a lace pattern at the raglan lines - like a sprinkling of sweet delphinium flowers. This gives the design a feminine look while making it fun to knit.

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English translation: Signe Strømgaard

Materials

300 (300) 350 (400) 450 g of Pernilla by Filcolana in colour 819 (Raindrop melange)
3½ mm and 4 mm circular needle, 60 cm long
3½ mm and 4 mm double-pointed needles
Stitch markers in 3 colours (either "real" markers or loops of scrap yarn):
1 red marker
4 blue markers
2 green markers

Sizes

XS (S) M (L) XL

Measurements

Body, chest: 78-85 (87-94) 95-102 (103-109) 110-120
Sweater, chest: 87 (96) 104 (111) 122 cm
Circumference at hem: 87 (96) 104 (111) 122 cm
Sleeve length: 44 (45) 45 (46) 46 cm
Total length: 55 (56) 57 (57) 57 cm



Gauge

22 sts and 30 rows in stockinette stitch on 4 mm needles = 10 x 10 cm.

Special abbreviations

M1L: from the back, lift the horizontal strand between stitches with the left needle and knit through the front loop.

M1R: from the front, lift the horizontal strand between stitches with the left needle and knit through the back loop.

Skp: slip 1 stitch, knit the next stitch, pass the slipped stitch over the knitted stitch.

RM: Red marker

GM: Green marker

BM: Blue marker

Special techniques

Short rows with shadow twin, see tutorial page 4

Directions for knitting

This is a simple raglan design with a small lace pattern, worked from the top down. Short rows are worked on the yoke to shape the neckline, for a better fit. All increases are worked from the placements of markers. Once the yoke has been worked with raglan increases, the sleeve stitches are set aside while the body is worked. Then the sleeves are finished.

Yoke

Cast on 108 (116) 116 (112) 120 sts on a 3,5 mm needle. Knit 5 rows.

Change to a 4 mm needle and join in the round.

Set-up round: Place RM (for beginning of round), knit 13 (15) 15 (14) 16, M1R, place BM, work next 7 sts



Chart

								4
		○	△	○				3
								2
	○	/	\	○				1
	7	6	5	4	3	2	1	

□ knit on RS, purl on WS

○ yarn over

/ k2tog on RS, ssp on WS

\ ssk on RS, p2tog on WS

△ slip 2 sts knit-wise together as if knitting then together, k1, pass slipped sts over

in charted pattern, M1L, knit 4 (4) 4 (4) 4, place GM (short row marker), knit 2 (2) 2 (2) 2, M1R, place BM, work next 7 sts in charted pattern, M1L, knit 42 (46) 46 (44) 48, M1R, place BM, work next 7 sts in charted pattern, M1L, knit 2 (2) 2 (2) 2, place GM (short row marker), knit 4 (4) 4 (4) 4, M1R, place BM, work next 7 sts in charted pattern, M1L, knit to RM.

Round A: Knit to RM.

Round B: *Knit to BM, M1R, work next 7 sts in charted pattern, M1L*, repeat from * to * 3 more times, knit to RM.

Work Round A.

Round C (short row, not a complete round): Knit to BM, M1R, work next 7 sts in charted pattern, M1L, knit to 5 sts before GM, turn on next st, purl (past BM and RM) to 7 sts before BM, M1R, work next 7 sts in charted pattern, p1, M1L, purl to 5 sts before GM, turn on next st, knit to RM.

Work Round A, Round B, then Round A again. (be careful to follow the chart for each of the 4 lace patterns separately, as the short rows mean is not the same row of the pattern being worked at the same time on all of them – except for on every other Round A).

Round D (short row, not a complete round): Work as round C, but turn 3 sts before GM.

Work Round A, Round B, then Round A again.

Round E (short row, not a complete round): Work as round C, but turn 1 sts before GM.

Work Round A, Round B, then Round A again.

Round F (short row, not a complete round): Work as round C, but turn 1 sts AFTER GM.

Work Round A, Round B, then Round A again.

Round G (short row, not a complete round): Work as round C, but turn 3 sts AFTER GM.

Work Round A, Round B, then Round A again.

Round H (short row, not a complete round): Work as round C, but turn 5 sts AFTER GM.

Work Round A, Round B, then Round A again.

Round I (short row, not a complete round): Work as round C, but turn 7 sts AFTER GM.

Work Round A, Round B, then Round A again

Round J (short row, not a complete round): Work as round C, but turn 9 sts AFTER GM.

Continue alternately working Round A and Round B until a total of 17 (20) 23 (27) 30 increases have been worked between the sleeves and front. End on a Round A. There are now 48 (54) 60 (68) 74 sts on each sleeve, 76 (86) 92 (98) 108 sts each on the front and back and 7 sts in each "raglan seam" – a total of 276 (308) 332 (360) 392 sts on the needle.

Body

Split the sts for sleeves and body on the next round and move the markers around at the same time as follows: Remove RM, knit to BM, remove BM, k4, move the sleeve sts to a stitch holder along with 3 raglan sts from either side (a total of 54 (60) 66 (74) 80 sts), cast on 6 (6) 7 (8) 8 new sts in extension of the sts on the needle, place GM (now side seam marker), cast on 6 (6) 7 (8) 8 more new sts, knit to BM, remove BM, k4, move the sleeve sts to a stitch holder along with 3 raglan sts from either side (a total of 54 (60) 66 (74) 80 sts), cast on 6 (6) 7 (8) 8 new sts in extension of the sts on the needle, place RM (now beginning of round), cast on 6 (6) 7 (8) 8 more new sts. There are now a total of 192 (212) 228 (244) 264 sts on the needle.

Knit 8 rounds.

*Round K (waist decreases): K5, skp, knit to 7 sts before GM, k2tog, knit to 5 sts after GM, skp, knit to 7 sts before RM, k2tog, knit to RM.

Knit 9 rounds*.

Repeat from * to * 6 more times. There are now 168 (188) 204 (220) 240 sts on the needle.

Knit 10 more rounds.

*Round L (hip increases): K5, M1, knit to 5 sts before GM, M1, knit to 5 sts after GM, M1, knit to 5 sts before RM, M1, knit to RM.

Knit 3 rounds*.

Repeat from * to * 6 more times. There are now 192 (212) 228 (244) 264 sts on the needle.

Knit 12 (8) 8 (8) 8 more rounds. Knit 5 rows back and forth. Bind off on the next row.

Sleeves

Place the 54 (60) 66 (74) 80 sts for the first sleeve back on the needle. Pick up and knit 6 (6) 7 (8) 8 new sts front the bottom of the armhole on the body, place RM, pick up and knit 6 (6) 7 (8) 8 more sts, knit

54 (60) 66 (74) 80, knit to RM. There are a total of 66 (72) 80 (90) 96 sts on the needle.

Round M: Knit to 3 sts before RM.

*Round N: k2tog, k2, skp, knit to end of round.

Knit 15 (13) (11) 9 (9) x Round M.*

Repeat from * to * 7 (8) 10 (12) 13 more times.

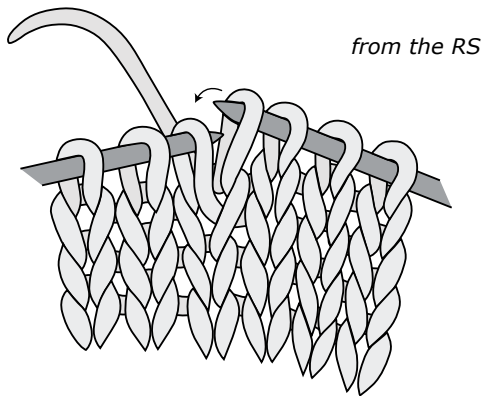
Continue straight until sleeves measures 43 (44) 44 (45) 45 cm – or desired sleeve length. Knit 5 rows back and forth. Bind off on the next row.

Work the second sleeve the same way as the first.

Finishing

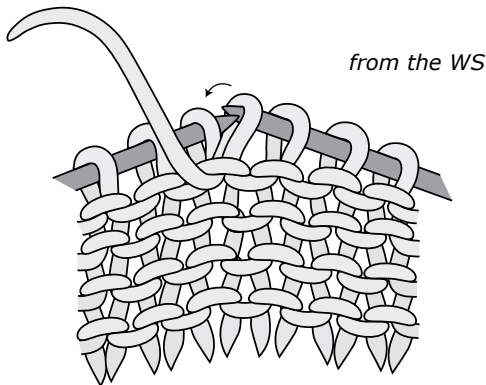
Sew the little slits in the garter stitch edges at neck, hem and cuffs. Weave in all ends.

Special techniques: Short rows with shadow twins



Turn the work towards you. Insert the right needle through the "back of the neck" of the stitch below the next stitch on the needle as if to knit. Pull the working yarn through to create a stitch.

Place this stitch (the shadow twin of the stitch on the needle) onto the left needle. Turn and continue according to the pattern. When the stitch with the shadow twin is worked, the stitch and the twin are worked together as if they were one stitch.



Insert the right needle into the "back of the neck" of the stitch below the next stitch on the needle as if to purl. Pull the working yarn through to create a stitch. Place this stitch (the shadow twin of the stitch on the needle) onto the left needle. Turn and continue according to the pattern. When the stitch with the shadow twin is worked, the stitch and the twin are worked together as if they were one stitch.