

# Holmen - a beautiful and simple sweater



Design: Hanne Rikken

*This classic sweater is inspired by the beautifully dilapidated and at the same time very hip area of Copenhagen called Holmen.*

3<sup>rd</sup> English edition - August 2020 © Filcolana A/S  
English translation: Signe Strømgaard

## Materials

**Main colour:** 250 (250) 300 (350) 400 (450) 450 g Pernilla by Filcolana in colour 957 (Very Light Grey) and 125 (125) 125 (150) 175 (200) 200 g Tilia by Filcolana in colour 101 (Natural White)  
**Contrast colour:** 25 (25) 25 (50) 50 (50) 50 g. Tilia by Filcolana in colour 331 (Steel)

4,5 mm circular needle, 40 and 80 or 100 cm  
5 mm circular needle, 80 or 100 cm  
4,5 mm and 5 mm double-pointed needles  
Stitch markers

## Sizes

XS (S) M (L) XL (XXL)

## Measurements

Body, chest: 75-80 (80-88) 89-96 (97-104) 105-110 (111-118) cm  
Sweater, chest: 89 (96) 103 (115) 124 (138) cm  
Sleeve length: 44 (45) 45 (47) 47 (48) cm  
Body, length to armhole: 36 (36) 38 (40) 40 (42) cm

## Gauge

17 sts x 28 rows in stockinette stitch on a 5 mm needle with 1 strand of Pernilla and 1 strand of Tilia held together = 10 x 10 cm

## Special abbreviations

**M1 (Make 1):** Insert the left needle from front to back under the horizontal strand between stitches, lift the



strand onto the right needle, then knit it through the back loop.

**Tbl:** Through the back loop.

## Special techniques

**Pintucks:** Knit 5 rounds, then use an extra circular needle to pick up the sts along the round just before the 5 rounds from the WS.

Turn the work back to the RS and fold the work, so the 2 circular needles meet and the original sts and the newly picked up sts lie parallel to each other and the pintuck folds to the RS of the work. Knit the 2 sets of sts together, one from each needle knitted together at a time.

**Short rows - GSR (German short rows):** Work to where the turn needs to be, turn, then slip the first stitch purl-wise with the yarn held in front. Bring the working yarn up and over the needle and down on the other side, pulling hard enough on the yarn to make the stitch on the needle look like a double stitch (the 2 legs of the stitch are visible). Continue row as pattern describes.

When working across the stitch that looks like a double stitch, work it as 1 stitch, either knitting or purling the 2 legs together, as the pattern describes.

## Directions for knitting

The sweater is worked from the top down. First the yoke is worked, which is then divided for body and sleeves. The stitches for the sleeves are placed on stitch holders to rest, while the body is finished. Then the sleeves are finished.

## Read before you begin

The design has waist shaping to give the sweater a beautifully fitted silhouette. If you do not want waist shaping, just knit straight down to the desired length instead, and finish with a rib edge.

## Body

Cast on 78 (82) 84 (88) 88 (98) sts with 2 strands of Tilia in the contrast colour held together on a 4,5 mm circular needle. Join in the round and place a marker for the beginning of the round.

Work 4 rounds in stockinette stitch for the little rolling edge. Change to 1 strand of Pernilla and 1 strand of Tilia in the main colour and work 14 rounds of twisted rib (k1 tbl, p1).

Now work a pintuck (see top of pattern) with 2 strands of Tilia in the contrast colour held together. Using 5 mm circular needle, change once again to 1 strand of Tilia and 1 strand of Pernilla. Work 1 round in stockinette stitch.

Now raise the back of the neck, by working short rows as follows:

Short row 1 (RS): K7, turn.

Short row 2 (WS): P14, turn.

Short row 3: Knit to 8 sts after the last RS turn, turn.

Short row 4: Purl to 8 sts after the last WS turn, turn.

Work Short row 3 and 4 another 2 (2) 2 (3) 3 (3)



times.

Last row: Knit to end of round.

Increase to 84 (90) 96 (105) 111 (120) sts evenly across the next round.

Work 3 rounds in stockinette stitch.

Next round: \*K3, M1, repeat from \* to \* to end of round. There are now 112 (120) 128 (140) 148 (160) sts on the needle.

Work 6 rounds in stockinette stitch.

Next round: \*K4, M1, repeat from \* to \* to end of round. There are now 140 (150) 160 (175) 185 (200) sts on the needle.

Work 6 rounds in stockinette stitch.

Next round: \*K5, M1, repeat from \* to \* to end of round. There are now 168 (180) 192 (210) 222 (240) sts on the needle.

Work 8 rounds in stockinette stitch.

Next round: \*K6, M1, repeat from \* to \* to end of round. There are now 196 (210) 224 (245) 259 (280) sts on the needle.

Work 10 rounds in stockinette stitch.

Next round: \*K7, M1, repeat from \* to \* to end of round. There are now 224 (240) 256 (280) 296 (320) sts on the needle.

Then work 16 (18) 22 (26) 30 (32) rounds in stockinette stitch.

Divide the work for body and sleeve on the next round as follows: Knit 34 (36) 39 (43) 47 (52) sts (half back), place the next 44 (48) 50 (54) 54 (58) sts on a stitch holder (sleeve), cast on 8 (10) 10 (12) 12 (14) new sts in extension of the sts on the needle, knit 68 (72) 78 (86) 94 (104) sts (front), place the next 44 (48) 50 (54) 54 (58) sts on a stitch holder (sleeve), , cast on 8 (10) 10 (12) 12 (14) new sts in extension of the sts on the needle, knit 34 (36) 39 (43) 47 (52) sts (half back). There are now 152 (164) 176 (196) 212 (236) sts on the needle for the body. Place a marker in the middle of the newly cast on sts under each sleeve.

Work as follows for waist shaping:  
Work 2 (2) 3 (4) 4 (4) cm in stockinette stitch.  
Decrease row: \*K1, k2tog, knit to 1 st before next marker, k2tog, k1\*. Repeat from \* to \* once more (4 sts decreased).  
Work a decrease row every 4 (4) 4 (5) 5 (5) cm a total of 3 times.  
Work 4 (5) 5 (6) 6 (6) cm in stockinette stitch.  
Increase row: \*K1, M1, knit to 1 st before next marker, M1, k1\*. Repeat from \* to \* once more (4 sts increased).  
Work a increase row every 4 (4) 4 (5) 5 (5) cm a total of 3 times.

If you do not want waist shaping, work straight in stockinette stitch instead.

Work in stockinette stitch until the work measures approx. 31 (32) 32 (34) 36 (37) cm or desired length before rib.  
Change to a 4,5 mm circular needle and work a pintuck in 2 strands of Tilia in the contrast colour the same as on the yoke. Change back to 1 strand of Pernilla and 1 strand of Tilia in the main colour and work 12 rounds of twisted rib (k1 tbl, p1).  
Change to 2 strands of Tilia in the contrast colour once again and work 4 rounds of stockinette stitch for the rolling edge.  
Bind off loosely.

### Sleeves

Place sts for the sleeve on 5 mm needles (or on a circular needle if using the Magic loop technique). Pick up and knit 8 (10) 10 (12) 12 (14) sts with to 1 strand of Pernilla and 1 strand of Tilia in the main colour along the cast on underarm sts on the body. There are now a total of 52 (58) 60 (66) 66 (70) sts on the needle.  
Join in the round and place a marker in the middle of the underarm 8 (10) 10 (12) 12 (14) sts to mark the beginning of the round.  
Work 10 cm in stockinette stitch.

Decrease round: K1, k2tog, knit to the last 3 sts, k2tog, k1.  
Work a decrease round every 12th (12th) 12th (10th)

10th (10th) round a total of 4 (5) 5 (6) 6 (7) times. There are now 44 (48) 50 (54) 54 (56) sts on the needle.

Work straight in stockinette stitch until the sleeves measures 41 (42) 42 (44) 44 (45) cm.

Change to 4,5 mm needles.  
Work a pintuck with 2 strands of Tilia in the contrast colour the same as on the body.

Change back to 1 strand of Pernilla and 1 strand of Tilia in the main colour and work 14 rounds in twisted rib (k1 tbl, p1).  
Change to 2 strands of Tilia in the contrast colour once again and work 4 rounds of stockinette stitch for the rolling edge.  
Bind off loosely.

The sleeve now measures 49 (50) 50 (52) 52 (53) cm. To alter the finished sleeves length, adjust the length of the stockinette stitch section before the pintuck and rib.  
Work the second sleeve the same way as the first.

### Finishing

Weave in all the ends. Gently wash the finished sweater according to the instructions on the Tilia yarn label and lay it on a flat surface to dry.