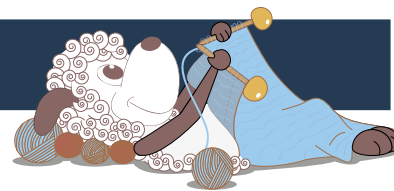


# Roositud - cowl and fingerless mitts



Design: Charlotte Kaae

*I was inspired by both Japanese and Estonian knitting when creating this mismatched set of cowl and fingerless mitts.*

3rd English translation - August, 2014 © Filcolana A/S  
English translation: Signe Strømgaard

## Materials

Approx. 410 (440) g of Indiecita by Filcolana in the following colors: 404, 255, 811, 810, 809, 808, 227 and 235  
(if you only wish to knit the cowl, you will need 350 g of Indiecita)  
4,5 mm double-pointed needles

## Sizes

The scarf is one size, but the mitts come in 2 sizes one for narrow and one for broad hands.

## Measurements

Cowl: 150 cm  
- can be wrapped twice around the neck  
Fingerless mitts: 18 (20) cm  
- circumference of hand

## Gauge

17 sts on 4,5 mm needles = 10 cm.

## Special abbreviations

**M1:** Make 1. Increase one stitch by lifting the chain between sts onto the left needle and knitting it through the back loop.

**C6F:** Slip 3 sts to a cable needle, hold to front of work, knit the next 3 sts, knit the 3 sts on the cable needle.

**C6B:** Slip 3 sts to a cable needle, hold to back of



work, knit the next 3 sts, knit the 3 sts on the cable needle.

skp: Slip 1 stitch, knit the next stitch, pass the slipped stitch over the knit one.

### Directions for knitting

The cowl is worked as a long tube in random stripes. The cast-on and bind-off edges are sewn together at the end.

The fingerless mitts are worked from the hand up, starting with cables. After this a section is worked in a Roositud pattern, then the rest of the mitts are worked in random stripes.

### Scarf

Cast on 138 sts on a 4,5 mm needle. Join in the round and place a marker for the beginning of the round. Work the ridge pattern while at the same time working random stripes.

### Ridge pattern

**Round 1-4:** Knit.

**Round 5:** Break the yarn and change color. Purl. Work stripes and ridges until the the scarf measures approx. 150 cm. End on a round 5 in the same color as the cast on. Bind off.

### Finishing

Sew the bind-off and the cast-on edges together using Kitchener stitch.

### Fingerless mitts

Cast on 16 (16) sts with color 404 on 4,5 mm needle. Work back and forth.

Work the charted cables until the work measures 16 (18) cm. End on Row 12 of the chart. Bind off and sew the bind-off and the cast-on edges together using Kitchener stitch. Knit a second piece in the same way.

### Instructions for the Roositud heart:

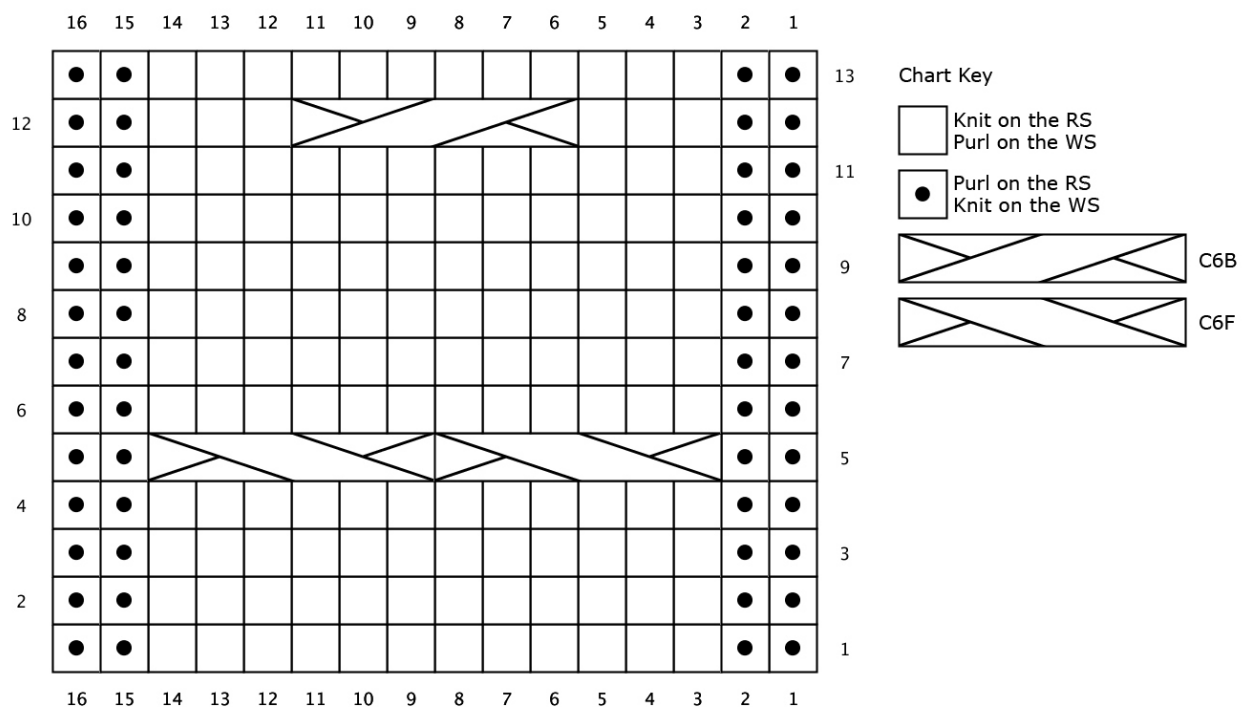
Cut the colors of yarn you will be working the Roositud pattern with into 2 meter lengths. Fold the yarn double. Work to where the pattern starts. Lay pattern yarn from WS to RS between the needles. Knit the number of stitch the chart shows with the working yarn, then pass the pattern yarn back between the needles to the WS (this creates a float of the pattern yarn along the RS of the work, wrapping the working yarn). The ends of the pattern yarn now hang on the WS on either side of the pattern stitches. Make sure the two end are of equal length.

When working the next row of the pattern, the pattern yarn is once more pulled to the RS and the back on the WS as before. Now each end of the yarn is used for each side of the heart in the pattern.

### Right mitt

Place a marker on either side of the side seam. Place each marker 5 (7) rows from the seam. Pick up and knit 31 (35) sts with color 404 and 4,5 mm needles along the edge of the work. Pick up sts along the longer section of the edge and not the shorter section

### Cable chart



between the 2 markers. Place marker M1 and cast on 12 (14) new sts for the thumb in extension of the sts on the needle. Join in the round and place marker M2 for the beginning of the round. Work 3 rounds of stockinette stitch.

### Roositud pattern and thumb

**Next round:** K1, work charted pattern, knit to end of round.

Work another 4 rounds as established above.

**Decrease for the thumb:** Work to M1, skp, knit 8 (10), k2tog.

Continue in pattern while working decreases for the thumb every 3rd round. Work 2 fewer sts between the decreases for every repeat until there is only 2 sts between the markers.

When the Roositud chart has been worked, start working the ridge pattern in random stripes:

**Round 1-4:** Knit.

**Round 5:** Break the yarn and change color. Purl. Work 11 (13) ridges in this way. End on Row 5 of pattern. Bind off.

### Left mitt

Place a marker on either side of the side seam. Place each marker 5 (7) rows from the seam. Pick up and knit 31 (35) sts with color 404 and 4,5 mm needles along the edge of the work. Pick up sts along the longer section of the edge and not the shorter section between the 2 markers. Place marker M1 and cast on 12 (14) new sts in extension of the sts on the needle. Join in the round and place marker M2 for the beginning of the round. Work 3 rounds of stockinette stitch.

### Roositud pattern and thumb

**Next round:** Knit 13 (17), work charted pattern, knit to end of round.

Work another 4 rounds as established above.

Decrease for the thumb and finish the mitt the same way as for the right mitt, starting at the \*\*.

### Finishing

Weave in all ends. Rinse the work, put it through a (dry) spin cycle in the washing machine and lay it on a flat surface to dry.

Roositud chart

